

## LWWHC Mental Health Clinician List

### Mental Health Social Worker/Social Worker

#### Gary X



Gary is an AASW accredited Mental Health Social Worker, senior psychology counsellor and senior NDIS support coordinator. He has possessed sophisticated bi-lingual (English and Chinese) counselling and case-management skills and knowledge with excellent communication and collaboration tactics. He has extensive expertise in counselling people with dual diagnosis (intellectual disability and mental health), complex needs, ASD and relationship issues. Gary also has the special interest and expertise in working with young people (including those under Child Safety Order) and people from non-English background (including refugees and asylum seekers).

Gary has been working as a social worker and counsellor with a Master Degree in Queensland Department of Communities, Disability Services and Child Safety, many NGOs in community services, Queensland Transcultural Mental Health Centre, Royal Brisbane and Women's Hospital, International Federation of Social Workers Asian-Pacific Region and his private practice in Australia for over 16 years with prior 7-year working experience in China.

#### Phil O



Phil was originally from Papua New Guinea, but a naturalised citizen of Australia. He can speak Pidgin, and understand Maori.

He has worked as a DFV Specialist and mental health clinician at different cities in Australia with MSW (social work), MBA, Bachelor Degree in Human Services, and currently enrolled in MAPP (masters degree in applied positive psychology).

His interests are in mental health and Domestic Family violence perpetrator counselling. His speciality is in providing perspectives, problem solving strategies, and helping clients regulating their emotions better, which is largely influenced by DBT, CBT and Humanism.

### **Jerry Z**



Jerry has his doctor degree in Social Work here in Australia and has had seven-year practical working experience in tutoring and training social work students from diverse cultural background in universities. He also has considerable experience and interests in working with young people and people with mental health issues under NDIS.

### **Kandice S**



Kandice is a passionate mental health clinician and gives vulnerable people a voice by using a strength-based, trauma-informed, person-centred and collaborative approach. She is an active member of the Australian Association of Social Workers with Master degree of Social Work. She has worked as a Disability and Mental Health Advocate with years of experience in counselling and Applied Behaviour Analysis (ABA).

## Mitchell C



Mitchell has a Master's of Social Work and broad experience in mental health and disability with experience supporting clients facing self-harm and suicidal crisis. He is warm, down to earth and loves supporting clients to live meaningful lives and overcome challenges. He has a particular interest in supporting those living with anxiety and depression to find courage and hope. From experience gained living and working overseas, Mitchell understands the unique pressures of living in another culture and loves supporting clients from diverse backgrounds.

## Tia W

Graduated from Master of Social Work in QUT, Tia, a female social worker, has years of experience working with clients living with disability and mental ill-health. She can work both in group settings and one-on-one, using different intervention strategies including psycho-social support, counselling, sand therapy and art therapy to support clients to increase their quality of life and achieve their life goals. She works under strength-based and person-centered approach.

Sand therapy often has remarkable result in working with clients who are non-verbal, has traumatic experience or living with disability.

## Katrina L



Katrina is a qualified social worker dedicated to forming trusting relationships and advocating for the best interest of the clients. Excellent interpersonal skills to work with people from diverse backgrounds, people with psychosocial disability and ASD. Katrina has been working in the NDIS industry for 2.5 years and graduated with a Master of Social work. Katrina is active, social and

also soft-spoken and down to earth. Katrina is available for after hours including Saturday and Sunday. Katrina is competent in Cantonese, Mandarin and English.

## Anuj P



Anuj has his degree in Social Work here in Australia and has had a couple of years of practical working experience in disability and age care fields. He can provide social work service in English and Nepali.

## Counsellor

### Vinci F

Vinci, an ACA Level 2 registered female counsellor with Master of Counselling, has been working in a number of multicultural and multidisciplinary settings. She is passionate about both short-term approaches and long-term interventions, which aim to create positive lasting changes.

Her special interests are working with clients from a CALD background and children aged 4-12. She uses an adaptable, creative and gentle approach when working with individuals and groups.

## Dietitian

### Macy K



Macy is an Australian Accredited Practising Dietitian (APD) based in Brisbane. She is passionate to support clients to achieve their health goals by providing high-quality health and nutrition counselling. She helps clients to find a

"food-life-balance" and to design a care plan that clients feel confident to implement. Macy provides nutrition advice based on scientific evidence. Macy has diverse interests and knowledge in food and nutrition based on her wide exposure to food cultures in the cities she lived in, including Hong Kong, the U.S and Australia. She speaks English, Cantonese, and Mandarin.